

## USE OF ENGLISH

**TASK 1. Read the text below and circle the most suitable option (A, B, C or D) to fill in the gaps.**

### **Autism: Parents face challenges, too**

Autism spectrum disorder (1)..... to a set of related conditions that affect social interaction, communication, and behavior. The impact can range from mild to severe. It mostly appears in early childhood, and it normally continues into adulthood. Some people with autism spectrum disorder are highly gifted in a (2)..... field.

Apart from difficulties with social communication, people with autism spectrum disorder (ASD) tend to have restricted interests. Other key features include (3)..... behavior and a need for routine. Bringing (4)..... a child with autism can be challenging for parents, especially when other people do not understand the issues. Parents can find it difficult and embarrassing when their child demonstrates unusual behaviors in public. The website *Parent Coaching for Autism* lists a number of behaviors that might be considered unusual. These include inappropriate touching or (5)..... other people's space, being too honest about someone's appearance, flapping hands or spinning around, being fascinated with a particular item, extreme displays of affection or the opposite. If parents feel stressed and unable to cope, their own health can be (6)..... risk. It is important for parents to address their own needs as well as those of their child. Other people can help by learning about autism and the challenges it (7)..... .

Parents of children with autism sometimes describe themselves as feeling "overwhelmed, guilty, confused, angry, or depressed." Frustration is a common emotion. They may feel frustrated when their child is clumsy, (8)....., angry, or disregarding of others. Frustration can also appear when other people do not understand how ASD affects a child, and when they (9)..... both the child and the parent unfairly. Parents are often anxious, not only about today, but also about how the child will cope in future. Guilty feelings can (10)..... if the parents, wrongly, blame themselves for the disorder, when they lose their (11)....., or when they feel that they are not doing things right. Anger can occur if a parent feels that they are not getting help, say, from the other parent, from family, or from support groups. They may become angry (12)..... the child when the child's behavior is hard to handle. Grief and sadness are also common reactions. When parents first learn that their child will not be able to experience life as other children do, there may be a sense of loss, both of the child's future and of the parents' own hopes and expectations.

Parenting can be stressful, and taking care of a child with special needs is often more so. Negative emotions are normal. Parents should try to keep these feeling in perspective and to avoid (13)..... themselves unnecessarily. If the stress becomes too much, speaking to a counselor may help. It is also important to remember that children with autism can live happy, (14)..... lives. Their experience will just be different.

Apart from getting an early diagnosis from a specialist, Autism Speaks (an organization that raises awareness about the condition) suggests a number of ways that parents can give their child the best possible life chances. Parents, the members say, should learn all they can about autism, but check to make sure the information is correct. Being informed will make them a better (15)..... for their child. Help and opportunities are available in the fields of health, education, and development. Health providers and support groups can help parents to find the right information.

Up to half of all children with ASD experience behavioral problems. The child may have tantrums, become aggressive, injure themselves and refuse to (16)..... with requests. Communication difficulties can (17)..... these problems. Behavioral problems make it harder for the child to access educational and other services, and this can lead to further social isolation and frustration. An autism specialist Dr. Kara Reagon (18)..... the importance of parents noticing what happens immediately before a disruptive or harmful behavior begins. She points out that children with autism cannot always express themselves verbally. Noticing what happens before and after an unwanted behavior starts can help parents identify what caused it.

With this (19)....., the parents are better placed to help the child replace the negative behavior with a more constructive one. Alternative actions could involve pointing to the required item, instead of crying, screaming, or grabbing (20)..... frustration.

Adapted from *Medical News Today*, November 2016

- |                    |                 |               |                |
|--------------------|-----------------|---------------|----------------|
| 1. A) appeals      | B) applies      | C) refers     | D) reiterates  |
| 2. A) specific     | B) general      | C) specified  | D) special     |
| 3. A) repeated     | B) related      | C) rehearsed  | D) repetitive  |
| 4. A) on           | B) up           | C) along      | D) off         |
| 5. A) offending    | B) invading     | C) entering   | D) crossing    |
| 6. A) in           | B) of           | C) on         | D) at          |
| 7. A) arises       | B) puts forward | C) strikes    | D) poses       |
| 8. A) unresponsive | B) unaffected   | C) aloof      | D) unmoved     |
| 9. A) esteem       | B) evaluate     | C) judge      | D) value       |
| 10. A) arise       | B) flow         | C) raise      | D) rise        |
| 11. A) calmness    | B) temperament  | C) mind       | D) temper      |
| 12. A) for         | B) with         | C) on         | D) of          |
| 13. A) blaming     | B) to blame     | C) blame      | D) of blaming  |
| 14. A) fulfilled   | B) completed    | C) perfect    | D) realized    |
| 15. A) judge       | B) defender     | C) advocate   | D) counselor   |
| 16. A) comply      | B) consent      | C) follow     | D) submit      |
| 17. A) alleviate   | B) exacerbate   | C) mitigate   | D) overcome    |
| 18. A) underlies   | B) underpins    | C) emphasizes | D) enforces    |
| 19. A) anxiety     | B) conscience   | C) awareness  | D) realization |
| 20. A) from        | B) of           | C) inside     | D) in          |

**TASK 2. GRAPH DESCRIPTION**

**Read the reports below and complete them with appropriate words. Put ONE suitable word in each space. YOU MUST NOT USE THE SAME WORD TWICE.**

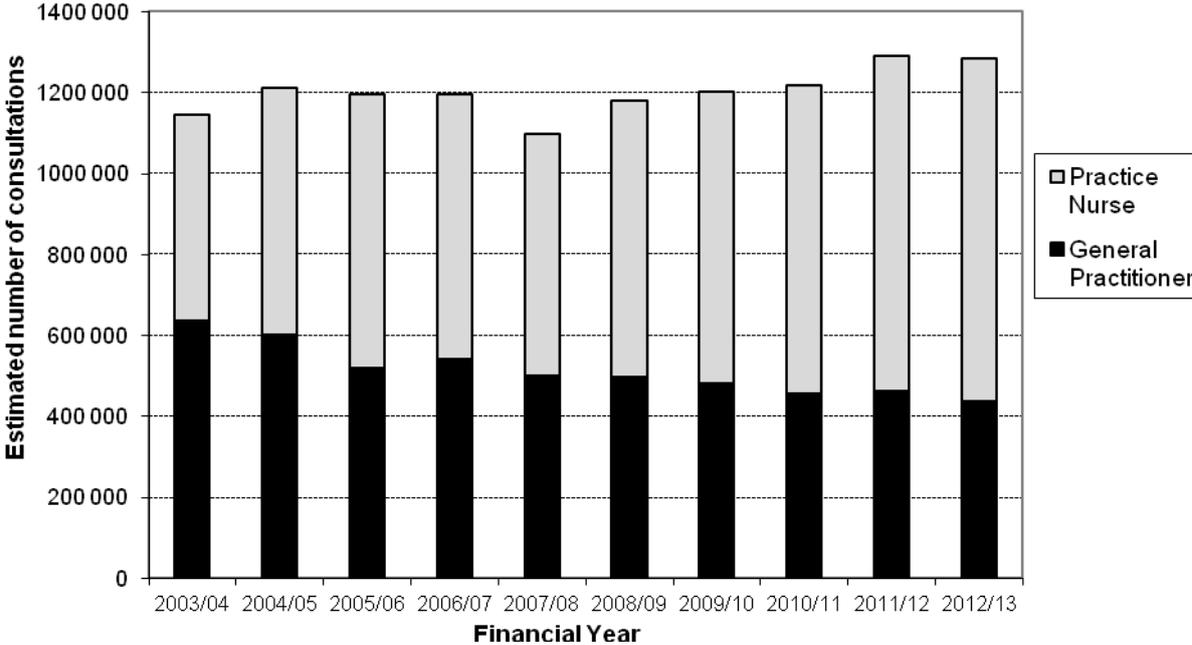
The figure below 1) ..... the estimated numbers of consultations in Scotland for hypertension for the ten financial years 2003/04 to 2012/13.

The chart 2) ..... that **in the financial years 2011/12 and 2012/13** 3) ..... two thirds of the consultations for hypertension were with practice nurses.

The number of GP contacts for hypertension 4) ..... 5) ..... over the years. The contribution of practice nurses 6) ..... 7) ....., although there was a 8) ..... in 2007/08, in line with an 9) ..... 10) ..... in the number of consultations with health care professionals as recorded in 2007/08.

The combined number of consultations 11) ..... 12) ..... 13) ..... over the years, although there was a 14) ..... 15) ..... in the financial years from 2011/12 and 2012/13.

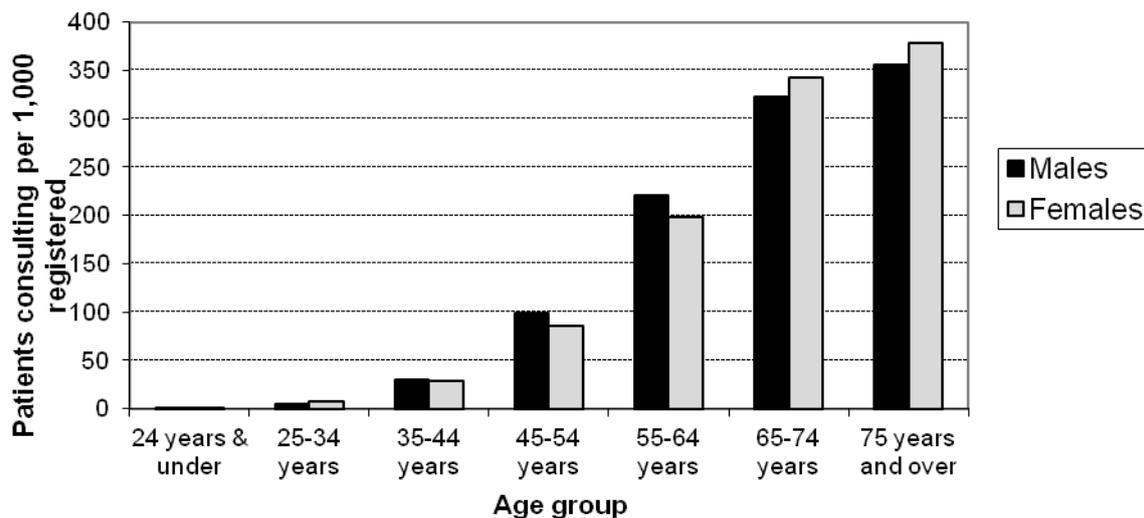
**FIGURE 1. Hypertension - estimated number of consultations with a GP or practice-employed nurse in Scotland in the financial years 2003/04 to 2012/13;**



## Number of patients consulting

The graph below 16) ..... that the number of patients who consulted 17) ..... a GP or practice-employed nurse for hypertension **in the financial year 2012/13 18)** ..... 19) ..... with age, and that differences in consultation 20)..... between males and females are small.

**FIGURE 2. Hypertension - estimated number of patients in Scotland consulting a GP or practice nurse at least once in the financial year 2012/13 per 1,000 patients registered**



Source: <http://www.isdscotland.org/Health-Topics/General-Practice/GP-consultations/Health-Conditions/Hypertension/index.asp?Co=Y>

**TASK 3. Complete each sentence with a word formed from the word in CAPITALS.**

1. In this study, we ..... that elderly patients may have age-specific genetic abnormalities. HYPOTHETICAL
2. The historical development of the laboratory evaluation of ..... drugs was briefly reviewed. CONVULSION
3. Most research on air pollution has focused on a type of pollutant known as fine ..... matter, which is spewed by power plants, factories and cars. PARTICLE
4. Liver cirrhosis often is listed as a ..... to the use of disulfiram. INDICATE
5. You should not beware of that chemical as it practically does not burn at all. It is almost totally ..... FLAME
6. The Physic Garden is planted with examples of herbs used in Medieval times for ..... purposes. MEDICINE
7. The radiograph proved that the severe pain in the patient's back was caused by a ..... disc. HERNIA
8. To obtain immediate effect .....infusion needs to be performed. VEIN
9. The man felt .....by the amount of blood and vomit he saw. NAUSEA
10. What is the difference in the name of a scientist and a doctor dealing with allergies? Well, the former can be called an allergologist, while the latter an ..... ALLERGY