



MET C1 List of recommended textbooks and materials for the WRITTEN EXAM

Listening

<https://www.bbc.co.uk/programmes/p002vsvw/episodes/downloads>

(weekly interviews about the latest health news)

<https://podcasts.apple.com/us/podcast/nejm-interviews/id207118381?mt=2>

(quite academic)

<https://inquiring.show/>

(more informal dialogues, although not all episodes deal with medical topics)

Reading

The New England Journal of Medicine (available free for students via Biblioteka Medyczna UJ CM)

<https://www.onip.ca/reading-and-understanding-medical-texts-4/>

(find mistakes in a medical text)

Use of English

English for Medical Sciences

(Anna Lipińska, Zuzanna Szczepankiewicz, Sylwia Wiśniewska-Leśków; MedPharm)

word formation

- task 5 p. 33
- task 5 p. 75
- task 5 p. 123
- task 5 p. 171
- task 5 p. 219
- task 5 p. 261

transformations

- task 6 p. 33
- task 6 p. 76
- task 6 pp. 123-124
- task 6 pp. 171-172
- task 7 p. 221

Language Practice for Advanced (Michael Vince, Macmillan)

My Grammar Lab Advanced (Mark Foley and Diane Hall, Pearson)

[CAE Practice Tests \(www.flo-joe.co.uk\)](http://www.flo-joe.co.uk)



Writing tips: essay

General tips

- First, brainstorm arguments.
- Then organize your arguments into a plan:

introduction / the first argument / the second argument / the third argument / conclusion

- Make sure you write a general introduction to the issue and paraphrase the essay question.
- Use some phrases to introduce arguments as well as linking words.
- Try to illustrate your arguments with examples.
- State the arguments you agree with last.
- Make sure you summarize the main ideas and give a clear opinion in your conclusion.

Useful phrases and linking words

- First of all, / Secondly, / Thirdly, / Finally, / To conclude,
- It has been suggested that
- It's obvious that / It's clear that / It goes without saying that
- It could be argued that
- Some people claim
- [Something] is / used to be considered
- This is partly true (as)
- On the other hand,
- As a result,
- But in spite of this,
- Nevertheless, / However,
- Likewise, / Similarly,

Source: New Headway Advanced (Liz and John Soars, Oxford University Press)

Useful resources

[40 Useful Words and Phrases for Top-Notch Essays \(Oxford Royale Academy\)](#)

[Essay and dissertation writing skills \(University of Oxford\)](#)

[Tips \(from students\) for writing essays \(ox.ac.uk\)](#)



MET C1 List of recommended textbooks for the ORAL EXAM

It is not obligatory to use the textbooks listed below, however, they may be helpful when preparing for the oral part.

In the case of general medical topics, we recommend the first textbook for all majors.

In the case of medical topics tailored to your specialty, we recommend choosing one textbook suitable for your major.

English for Medical Sciences, Anna Lipińska, Zuzanna Szczepankiewicz, Sylwia Wiśniewska-Leśków

English in Dentistry, Ewa Donesch-Jeżo

English for Dietetics, Barbara Gorbacz-Gancarz, Lucyna Ostrowska, Ewa Stefańska

Nursing 1, Nursing 2, Oxford English for Careers, Tony Grice, James Greenan

English for Midwives, Marzena Czubak, Essie Hansen

English for Paramedics, Zofia Patoka, Iwona Okulicz

English for Physiotherapy, Joanna Ciecierska

English for Radiographers, Urszula Swoboda-Rydz

English for Students of Pharmacy and Pharmacists, Ewa Donesch-Jeżo

English for Beauty Therapists, Tamara Gotowicka, Zofia Patoka

English for Laboratory Diagnosticians, Anna Kierczak